



Tools For Action

A sample of physical education initiatives in Wisconsin

Curling

Contact Information

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Program Information

Program Name
Curling
Program Category
Favorite lesson or unit
Grade Level
Middle School (6-8)
Assessment Method

Program Information

Products Developed or Materials Used:

Program Description:

Check in your area to see if there is a local curling club. They would be very open to bringing groups in and teaching them the fundamentals. There are also programs you can do at school and great films to view.

For information on other **Physical Education Best Practices**, visit the website at:
<http://dev.dhfs.wisconsin.gov/health/physicalactivity/PEhome/> or contact Jon Hisgen at jon.hisgen@dpi.state.wi.us

For information on how your school could become a **Governor's Healthy School Award** winner, visit the website at:
<http://www.schoolhealthaward.wi.gov/> or contact Brian Weaver at brian.weaver@dpi.state.wi.us

For more information on nutrition and physical activity, visit the **Wisconsin Nutrition & Physical Activity Program's website** at:

or contact staff at: Meineam@dhfs.state.wi.us (Amy Meinen, Nutrition Coordinator)
Morgajq@dhfs.state.wi.us (Jon Morgan, Physical Activity Coordinator)
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